|  |  |
| --- | --- |
| **PLANNED PROGRAMME CONTENT – Discipline (e.g. Singles):** |  |
| **Name of Competitor(s):**  |
| **Category/Grade:**  |
| **Music:** |

**ELEMENTS IN ORDER OF SKATING**

|  |  |  |
| --- | --- | --- |
| **Short Program/Rhythm Dance** |  | **Free Skating/Free Dance** |
|  |  |  |
|  |
|  |  |
|  |
|  |  |
|  |
|  |  |
|  |
|  |  |  |
|  |  |
|  |  |  |
|  |  |
|  |  |  |
|  |  |
|  |  |  |
|  |  |

 Skater Signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_

 Coach Signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_